

## Aftercare procedures

### 1. Aftercare choice

After the tattoo is done, the tattooed spot, when the skin is dry, is covered with a polyurethane film (second skin).

### 2. Aftercare instructions

After completing the session, the aftercare treatment is explained by the artist who made the tattoo. The aftercare that is given to the customer in writing is also explained verbally. It is recorded that the customer has received the aftercare instructions by indicating this on the customer's consent form.

Information about the inks used to apply the tattoo are recorded in an ink passport.

The ink passport is documented in an Excel sheet, where the data over the manufacturer, the type and color of the ink, the distributor, order details, expiry date, opening date, batch/LOT number and volume is documented.

### 3. Aftercare instructions for second skin

Your new tattoo has been provided with a polyurethane foil/second skin by the tattoo artist. The second skin can remain in place for 5 to 7 days. The polyurethane foil/second skin creates an ideal wound climate for optimal healing.

Follow the following aftercare instructions:

- Always wash your hands before touching the polyurethane foil / second skin or the tattoo. You do this with a hypoallergenic, mild soap (pump bottle, not a bar of soap).
- After 3 to 5 days, carefully remove the polyurethane film /second skin and then wash the tattoo with hypoallergenic, mild soap.
- Dry the tattoo by dabbing with clean kitchen paper, a soft cloth that does not leave lint, or let it air dry.
- After drying the tattoo, apply on (with clean hands) a hypoallergenic aftercare ointment recommended by your tattoo artist.
- The tattoo does not need to be covered with second skin.
- Repeat the process of washing and applying the tattoo two to three times a day until the skin has healed (2 to 3 weeks on average). Make sure you always have clean hands and that the tattoo does not dry out during healing. Often apply thin layers of aftercare ointment.

During the healing it is important to pay attention to the following things:

- Do not take a bath, swim or sauna until your tattoo has healed.
- Keep out of direct sunlight for 2 months. If this does not work, you can provide the tattoo with a sunscreen with a high protection factor after healing.
- Always wear clean clothing over the tattoo during healing.
- Do not touch the tattoo, and do not scratch it if it itches or skins come off.
- Do not use (skin) disinfectants as these can prevent proper healing.

### **Aftercare instructions by using household foil/sterile gauze**

Your new tattoo has been provided by the tattoo artist with an aftercare ointment that is covered with household foil or sterile gauze which you remove after a few hours. Follow the advice of your tattoo artist. For gauze this is usually 2 to 4 hours, for cling film it takes from several hours to the next day.

After removing the foil or sterile gauze, follow the following aftercare instructions:

- Always wash your hands before touching the foil or sterile gauze. You do this with a hypoallergenic, mild soap (pump bottle, not a bar of soap).
- Carefully remove the foil or sterile gauze and immediately throw it in the trash. Do you have ink or aftercare ointment on your hands? Then wash it again.
- Always rinse the soap carefully but thoroughly.
- Dry the tattoo by dabbing with clean kitchen paper, a soft cloth that does not leave lint, or let it air dry.
- After drying the tattoo, apply on (with clean hands) a hypoallergenic aftercare ointment recommended by your tattoo artist.
- After this, provide the tattoo with a clean piece of cling film again, do not use the first part of the film directly on the wound.
- Repeat previous steps twice a day for 2 or 3 days. This will allow the tattoo to heal with a soft, slow-peeling layer of skin with less chance of scabbing.
- After these three days, the use of foil is no longer necessary. Wash and lubricate the tattoo two to three times a day until the skin has recovered (average 2 to 3 weeks). Make sure you always have clean hands and that the tattoo does not dry out during healing. Often apply thin layers of aftercare ointment.

During the healing it is important to pay attention to the following things:

- Do not take a bath, swim or sauna until your tattoo has healed.
- Keep out of direct sunlight for 2 months. If this does not work, you can provide the tattoo with a sunscreen with a high protection factor after healing.
- Always wear clean clothing over the tattoo during healing.
- Do not touch the tattoo, and do not scratch it if it itches or skins come off.  
Do not use (skin) disinfectants as these can prevent proper healing.